

## **Healthy life lessons**

Meet Luth, that's pronounced like Ruth but with an L - Luth. The way that she swiftly transitions from one act to another means she is able to effortlessly maintain

her audience's attention from beginning to end of Big Tops

and Tiny Tots.

And what a range of skills Luth has! Uni-cycling, Balancing, Hula Hooping, Magic, Juggling Batons - Balls and Blocks, Luth's hilarious hat routine and of course loads of audience participation!

Luth is an inspiration as she shows children a very impressive fraction of what the human body is capable of. This performance demonstrates how achieving your best

results and realizing your full potential can be both rewarding and heaps of fun.

Throughout the show the positive effects of Exercise and Healthy Eating are delicately and cleverly woven into the comedy, circus skills and the loads of audience participation in a way that resonates and leaves a lasting impression on the audience.

During this outstanding, laugh-out-loud performance of physical skill and agility, Luth subtly encourages students to embark on their own journey of realizing their own full potential.

What others have said: You'll love it. 5 out of 5. Luth Wolff is a charming, extremely talented circus performer and her Adelaide Fringe show is a joy. She clearly knows children: what they like and how to relate to them. There's wonderful silliness, a hat that doesn't want to co-operate and a suitcase that has its own ideas on where its going. Reviewer - Brian Godfrey.

"Interactive, engaging and educational" 4 Stars. The Adelaide Advertiser.

Curriculum Relevance. PDHPE: Growth and Developement -Lifestyle Choices - Active Lifestyle - Personal Health Choices.

**Price:** \$11.00 per student (GST incl.) or \$385 (GST incl.) whichever is the greater.

**Suitable:** 3 to 5 year olds (Please, definitely no under 2 year olds)

Requires an indoor area 4m deep x 5m wide. Solid State Circus ABN: 29 606 805 305

Times: Show: 50 mins. Set up: 40 mins. Pack up: 30 mins.

