

# To Be or What To Be

## Teaching Notes

<u>Major themes:</u>	<ul style="list-style-type: none"><li>- What to do in the future?</li><li>- Why do we need a job?</li></ul>
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<u>Minor themes:</u>	<ul style="list-style-type: none"><li>- Healthy food choices</li><li>- Littering...do the right thing</li><li>- Anger management through healthy activities</li><li>- Job choices and gender</li><li>- Loyalty (through-line of favourite hat)</li><li>- Perseverance – Don't give up</li></ul>
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<u>Before the performance:</u>	<ol style="list-style-type: none"><li>1. Discuss what the title of show would mean (for upper primary look at the reference to Shakespeare)</li><li>2. Discuss the devices that Frank will use in the show; magic, mime, puppets, songs</li><li>3. Discuss what is 'mime'?</li><li>4. Frank will mime a number of activities. Ask students to take note of these for an after show activity discussion of: - what these were; how quickly they realized what the activity being mimed was; was there anything else that Frank could have done to communicate to the audience what he was miming.</li></ol>
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<u>During the performance:</u>	Students can observe the purpose and role of <ol style="list-style-type: none"><li>1. the set</li><li>2. the costumes</li><li>3. the recorded music and sounds</li><li>4. the puppets</li><li>5. the hats...what do the hats symbolise?</li></ol>
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<u>After the performance:</u>	Questions – <ol style="list-style-type: none"><li>1. How many different jobs (characters) did Frank present?<ul style="list-style-type: none"><li>- Magician</li><li>- Farmer</li><li>- Cook</li><li>- Builder</li><li>- Policeman</li><li>- Fireman</li><li>- Professor</li></ul></li></ol> Brainstorm what the students recall, make a list/discuss presentation methods <ol style="list-style-type: none"><li>2. What activities did Frank mime?</li><li>3. What happened to Franks magic hat? – Write a recount</li></ol>
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## Activities for the KLA's

<u>Visual Art:</u>	<ul style="list-style-type: none"><li>- Do a drawing or paint a picture of favourite part of the performance</li><li>- Make a theatre set (Frank's or another one)</li><li>- Make a special hat for a job which student would like to do</li></ul>
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<u>English:</u>	<ul style="list-style-type: none"><li>- Recount of the Performance</li><li>- Write reasons why we should (exposition)<ul style="list-style-type: none"><li>• make healthy eating choices</li><li>• choose to be active</li><li>• not litter (put rubbish in bin)</li><li>• have loyalty</li><li>• stick at something until you finish (don't give up)</li></ul></li></ul>
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<u>Music:</u>	Make some music to represent different moods (reference the music Frank used in the scary hat sequence)
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<u>Drama:</u>	Use mime to show different activities either solo or in a group – other students can guess what they are e.g. <ul style="list-style-type: none"><li>- such as getting on a bus/train, 4 students are standing in a line, 1 student then stops in front of them and they walk one by one and stand behind the student then all walk off in a line</li><li>- playing sport – basketball, cricket, tennis (singles or doubles) remember there is only one ball so everyone should be clear on where it is at any time.</li></ul>
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<u>Library:</u>	Research library books or Google for different types of Magic – learn a trick to show the class
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<u>PE/Health:</u>	Learn to juggle What did Frank juggle today and what other objects have you seen juggled?
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# Juggling

## How to do basic three-ball juggling

Juggling is basically the manipulation of objects. Objects that are commonly used are:- Balls, Scarves, Batons and Clubs.

When juggling, more objects are needed than hands i.e. two balls in one hand or three clubs in two hands. If you are going to learn to juggle, you would be best to start with the basic three ball juggle.

### There are 3 basic steps

1. Throwing one ball up in an arch from one hand to the other. Each throw should be the same height and strength as each other.
2. Two balls thrown one after each other and caught one after each other. Throw from left to the right - throw from right to left - catch first thrown ball in right hand catch second thrown ball in left hand. To put it simply you throw, throw, catch, catch.
3. Now the hard part, introducing the 3rd ball. Firstly do step 2 with a third ball in one hand, but don't release it at first; it is thrown just before you need that hand to catch the incoming ball.

This is the basic three-ball juggle. The balls form a figure eight pattern in the air. Another three-ball juggle is the circle. In this routine each ball goes from the left hand up in an arch to the right hand then straight across back to the left hand. Of course this routine can be reversed (if you are really good).

### Two balls in one hand

Another simple juggling move to practice is "two balls in one hand". The easiest way is to try to throw the balls in a circle, from the inside out.

Practice with one hand at a time.

### Helpful juggling hints

1. Look at all the objects you are juggling don't just focus on one object.
2. Juggling to music can help you get into the rhythm of the routine.
3. Beginner jugglers who have mastered the basic 3 ball juggle probably end up walking forward chasing the balls so juggle standing, facing a wall or over a bed (this also makes picking up the dropped juggling balls easier).
4. Getting hooked on juggling is possible. If you find yourself juggling more than 8 hours a day.....see a psychiatrist.