

Teacher's Notes

## **Too Cool for Bullies**

Post show activities

There are two Acronyms used in the show. Both use the word STAMP.

For the K/P/R to year 2 this first one, is the one we suggest.

S – Stay Away

T – Tell Someone

A – Always Help

M – Make Friends

P – Play Nicely

For older students we suggest they are capable of memorizing and using both.

S – Stop. Tell the bully to Stop.

T – Tell Someone

A – Always Help

M – Make Yourself Bully Proof

P – Persistence. Keep going till the bullying stops.

A great word for all students to use when it comes to dealing with bullies is Resilience.

The device used in the show to get students to remember the word and its meaning is firstly the sounds like. Resilience - sounds like “real silly pants” and the Song/Poem.

I wear silly pants on my head,

When I go out to buy my bread

If people stop and stare,

Well, I really just don't care

Because I'm brilliant, at being resilient.

Resilience is a very important part of making yourself bully proof. There has been much written about making yourself 'bully proof', not showing the bully or bullies that they are upsetting you. While it is regarded as one of the best defences against the bully it is easier said than done.

Things that makes it easier to be bully proof:-

1. Having friends - good, supportive friends. It is well worth discussing with your students the value of friends. Questions to start the discussion:- How many friends is a good number to have? Can you be a friend to someone who is not friendly to you? Can you be friendly to someone who is not friendly to you? Is the statement "To have a good friend you must be a good friend" true?
2. Having a healthy sense of self-worth. Knowing the things that make you happy. Knowing the things you are good at and accepting those things you are not good at.

### Post Show Topics for class discussion.

**For years 3 to 6.**

In the play, Tiles the turtle accuses Jeans of bullying her by pretending the turtle is an aeroplane and flying her around the room.

Is Jeans bullying the turtle?

If students think that Jeans is bullying the Turtle, is Jeans doing it on purpose?

Is Jeans intentionally trying to annoy the Turtle or does she not understand that the turtle is not happy being flown around the room?

Is it still bullying if the person doing the bullying doesn't know they are upsetting the other person or animal?

Most children who bully animals also bully other children.

Start a conversation with your class by suggesting that animals in your school or that children have at home are companions, not pets. We humans are animals. The creatures we call pets are non-human animals, and we are human animals. If we think of these animals as companions instead of pets how will that help to change the way we behave towards them?

-0-

Is it ever okay to film someone without them knowing? This is a complex issue and worth discussing with the class. Are students aware that in cities and towns across Australia and throughout the world security cameras and traffic control cameras film people who pass in front of them 24 hours a day? Today some of the rest areas alongside our highways and freeways also have security cameras that film 24 hours a day. This video footage is often used to solve crimes and catch people who have done the wrong thing. Are students aware of any businesses in town that have security cameras? Suggest that next time they are in

town that they take a good look around, particularly up on the sides of buildings. Are there signs that warn that security cameras have been installed?

### **For years K,P,R to 2.**

Discuss the word Resilience. With the class' help make, a list of situations when being resilient is a good thing.

If you fall over and hurt yourself - If you are resilient you will assess how badly you are hurt. Are you able to get up by yourself or do you need help to stand up? Are you bleeding? Will you need to go to the sick bay or the office to get someone's help to stop the bleeding?

If you are doing your homework or some work in class and you really don't feel like doing it – if you are resilient you will say to yourself – keep going – the sooner I complete this task the sooner I will be able to do something else that I enjoy doing more.

Why is it important to be resilient?

### **The Name Game Song.**

In the play, Jeans' imaginary friend Super Hero Sam the Little Green Man sings 'The Name Game' song in an attempt to get Jeans' attention. This song was first released in 1964, sung by Shirley Ellis. The idea of the song is that you can create an instant song using any name at all. In the play Jeans is the name used in the song.

Jeans, Jeans, bo-beans  
Banana-fana fo-feans  
Fee-fi-mo-means  
Jeans!

The structure of the song is quite simple. At the end of the first line the first letter of the name is substituted for the letter B. At the end of the second line the first letter of the name is substituted for the letter F. At the end of the third line the first letter of the name is substituted for the letter M

So:-

Name, Name bo b(name without the first letter)

Banana – fana fo f(name without the first letter)

Fee – fi mo m (name without the first letter)

Name!

And two other examples

Robert, Robert bo bobert

Banana – fana fo fobert

Fee fi mo mobert

Robert.

Or

Aurelia, Aurelia bo burelia

Banana – fana fo furelia

Fee fi mo murelia

Aurelia

It is worth mentioning, like all children's chants and rhyme they can be used as a tool to bully but can also be a harmless way to have fun.